

# Personal Statements

## General Advice on writing your personal statement

- Write your personal statement as early as you can – you will undoubtedly go through many drafts of it
- Save your drafts – you might find that previous versions contained some phrase that you might want to use in your final document
- Make sure you do not have any mistakes in your personal statement – this includes easy-to-make mistakes such as spelling or punctuation. Get someone to proofread your personal statement (in return you can read their personal statement) since it is often easier to spot the mistakes of others rather than your own mistakes
  - Try to get the proofreading done when you are almost done with your personal statement

**KEY POINT:** Many people end up having similar *personal statements* – this is rather ironic because the whole point of a personal statement is that it is personal. The reason this probably arises is because Medicine personal statements tend to follow certain format (Introduction, Work Experience, Extra-curriculars etc). To help you stand out it is important that you reflect on your activities and really demonstrate that you have thought about your activities and your reasons carefully.

## KEY RESOURCE: [The Student Room Medicine Personal Statement Collection](#)

If you require some inspiration, The Student Room Medicine Wiki page has a section on personal statements where several users have “donated” their personal statements for use . There's over 100 freely available examples on the website.